



The Howl 'N Scream Scram VII

5k/10k & 1/2mi. Kids race



Online Registration available @ 3rrr.org

Date: Saturday 10/23/2010 **Times:** 9:30am & 10am **City/State:** Richland, WA
Location: Badger Mountain Park & Running Trail - 350 Keene Rd.
Events/Start Times: 5k/10k --- 10am ½ Mile Kooky Caper Costume Kids Race --- 9:30am
 (Running in costumes is highly encouraged but not required for participation)

Information contacts:

John Freese: 378-2408 or john_freese@msn.com
 Nick Freese: 509-953-3160 or nick_freese@hotmail.com

Registration & Entry Fees: Registration is considered late if postmarked after Oct. 14th

Race day registration & Pre-registration packet pickup will be available Saturday morning from 8:00am to 9:15 am.

Pre-registration	\$17.00 w/shirt	\$8.00 No Shirt option
Kids Race	\$13.00 w/shirt	\$4.00 No Shirt option
Late-registration	Add \$1.00	Add \$1.00

Only pre-registered runners will be guaranteed a race T-shirt

Mail race registration forms and fees to:

John Freese 1504 Rosena Ct., Kennewick, WA 99338
 RE: Howl 'N Scream Scram
 Make checks payable to: Spooky Hollow Productions

*Race Proceeds to benefit the
 Tapteal Greenway Association
www.tapteal.org*



Awards: Overall male and female 1st place finisher in both the 5/10k races.
 Ribbons awarded to the top 4 male and female runners in each age group.

Kooky Caper Kids Race age groups: 4 & Under 5 – 8yrs 9 – 12yrs
5k/10k Age Groups: 0-7 8-11 12-15 16-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

(Select your race option & Shirt size)

5k w/shirt NO SHIRT 10k w/shirt NO SHIRT Kids Race w/shirt NO SHIRT

Only pre-registered runners will be guaranteed a race T-shirt

T-shirt Size: Adults - S M L XL (XXL add \$2.00) Kids Sizes - S M L
 (Circle one size)

Last Name _____ First Name _____ MI _____ Age _____ M / F

Address _____ City _____ State _____ Zip _____

Phone _____ Birth Date: _____ Email _____

Waiver of Liability: **WAIVER OF LIABILITY: IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I, THE UNDERSIGNED, INTENDED TO BE LEGALLY BOUND, FOR MYSELF, MY FAMILY, MY HEIRS, EXECUTORS, & ADMINISTRATORS, FOREVER WAIVE, RELEASE & DISCHARGE ANY AND ALL RIGHTS & CLAIMS FOR DAMAGES & CAUSES OF SUIT OR ACTION, KNOWN OR UNKNOWN, THAT I HAVE AGAINST THE HOWL 'N SCREAM SCRAM, SPOOKY HOLLOW PRODUCTIONS, 3 RIVERS ROAD RUNNERS CLUB, THE CITY OF RICHLAND, BENTON COUNTY, ALL RACE OFFICIALS AND VOLUNTEERS, & ALL SPONSORS OF THE HOWL 'N SCREAM SCRAM FOR ANY AND ALL INJURIES SUFFERED BY ME IN THIS EVENT. I ATTEST THAT I AM PHYSICALLY FIT, AM AWARE OF THE DANGERS AND PRECAUTIONS THAT MUST BE TAKEN WHEN RUNNING IN WARM OR COLD CONDITIONS, & HAVE SUFFICIENTLY TRAINED FOR THE COMPLETION OF THIS EVENT. I ALSO AGREE TO ABIDE BY ANY DECISIONS OF AN APPOINTED MEDICAL OFFICIAL RELATIVE TO MY ABILITY TO SAFELY CONTINUE OR COMPLETE THE RUN. I FURTHER ASSUME AND WILL PAY MY OWN MEDICAL & EMERGENCY EXPENSES IN THE EVENT OF AN ACCIDENT, ILLNESS, OR OTHER INCAPACITY REGARDLESS OF WHETHER I HAVE AUTHORIZED SUCH EXPENSE. I HAVE READ THIS WAIVER CAREFULLY & UNDERSTAND IT.**

SIGNATURE _____ DATE _____